

Mountain Playshop 2011 Menu

Friday September 9th

Dinner

Hearty Garden Salad with Grilled Chicken Strips
Tuscan Summer Veggie Platter veggies
Homemade Tomato Bisque (vegan version will be available)
Assorted Homemade Cookies
Sweet and Un-sweet tea, Lemonade

Saturday September 10th

Breakfast

Scrambled Eggs
Apple wood Smoked Bacon
Southern Style Grits
Fresh Baked Biscuits and Butter
Fresh Cut Fruit Salad
Assorted Cold Cereals (Mini Shredded Wheat, Cheerios, Raisin Bran)
Orange Juice, Iced Tea and Coffee

Lunch

Assorted Sandwich Wraps (vegan version will be available)
Tri Color Rotini Pasta with Pesto and summer veggies
(vegan version will be available)
Southern Style Potato Salad
Rippled Potato chips
Fresh Baked Dessert Bars
Sweet and Un-sweet tea, Lemonade

Bulgarian Dinner

Braised Bulgarian Chicken Breast
Sour Cream Mashed Potatoes (vegan version will be available)
Balkan Roasted Vegetable Casserole
Vegetarian Strudel
Red Radish Garden Salad with Homemade Dressings
Whole Grain bread and Butter
Bulgarian Apple Pound cake with Lemon Spice Icing / Chocolate Cake Surprise
Sweet and Un-sweet tea, Lemonade

Sunday September 11th
Breakfast

Baked Egg Casseroles
Fried Skillet Potatoes
Assorted Cold Cereals (Mini Shredded Wheat, Cheerios, Raisin Bran)
Fresh Cut Fruit Salad
Sour Cream Coffee Cake
Orange Juice, Iced Tea and Coffee

Sunday box lunches for the road available at \$11.00
Choice of Turkey, Roast Beef or Vegetarian Sandwiches
(Includes a side of potato salad, and a brownie)

Local or part-time attendees can purchase the following individual meals (with prior notification – see your application) at the following prices:

Friday Dinner - \$11.00
Saturday Breakfast – \$10.00
Saturday Lunch - \$11.00
Saturday Dinner - \$16.00
Sunday Breakfast – \$10.00

CONCERNED ABOUT INGREDIENTS?

Any questions regarding the specific ingredients of the food should be directed to the chef, Marcus Duarte.

Phone: 828 301-5999
E-Mail: chefmarcus@redradish.com